

## Microdermabrasion Consultation & Consent Form

### Client Details

Full Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Contact Number: \_\_\_\_\_

Are you currently taking any medications?     Yes     No

If Yes, Please list \_\_\_\_\_

Do you have any allergies?     Yes     No

If Yes, Please list \_\_\_\_\_

### What is Microdermabrasion?

Microdermabrasion uses an adjustable applicator head that removes dead surface skin cells and initiates cellular turnover at the dermis and epidermis levels in a safe controlled manner. This approach respects the integrity of the skin and promotes even healing. Maintaining even cellular growth on the surface aids in the youthfulness of the skin's appearance. Microdermabrasion has been used to treat aging and sun-damaged skin, some types of acne and acne scarring, altered pigmentation, fine lines and wrinkles, and stretch marks. Results may include improved skin tone, fewer breakouts, diminished appearance of scars, even skin color, refined skin pores, renewed elasticity, and a healthy glow

### What should you expect during your treatment?

Prior to your first microdermabrasion as your esthetician, I will perform a thorough skin analysis. If microdermabrasion is not appropriate, you are informed during this session and an alternative treatment may be recommended instead. If microdermabrasion is suitable for you, maximum results are obtained by participating in a series of treatments plus following a home care regimen

- To further enhance your outcome. I require that you use products specifically directed toward obtaining correction. Your current daily regimen and skin care products used will be reviewed, and you will be instructed which products you should continue to use and will be advised on any recommended additions to your regimen. I recommend keeping regular appointments and carefully following your home care regimen to support your results
- As your esthetician I take every precaution to ensure that your skin is well-hydrated and calm prior to leaving each session. However, you may experience excessive dryness or even some peeling between

sessions, which may or may not be normal. Always check with me if you have any concerns after the treatment.

- More sensitive skin may experience some redness after the first couple of sessions This normally goes away after 2 to 3 hours After your treatment sunblock must be worn at all times and tanning beds should never be used. You are making an investment in your face: therefore. it is to your benefit to continue to protect it long after your series is completed